

YOUR WORKING CHECKLIST

Prepare existing health records for an immigration medical appointment

What should I organize before an immigration medical examination without treating a routine checkup as the same service?

Identify the immigration process and required clinical role, confirm the actual appointment instructions and organize existing records privately. CDC technical instructions concern qualified clinical evaluation, not a self-diagnosis checklist. This guide does not choose treatment, certify a physician, decide medical admissibility or quote a current examination price.

Check the boxes on screen or by hand. Use the notes area for records to find and questions to ask.

Your preparation checklist

- ☐ Identify the immigration examination context.
- ☐ Ask the clinic what existing records it needs.
- ☐ Preserve clinical questions for the responsible professional.
- ☐ Clarify appointment services and expenses directly.
- ☐ Check the resulting document instructions by channel.

Notes and questions to follow up

Source links and current instructions

Sources checked October 25, 2026. Follow current instructions at the linked institution.

Centers for Disease Control and Prevention: Medical history and physical examination: civil-surgeon technical instructions

<https://www.cdc.gov/immigrant-refugee-health/hcp/civil-surgeons/medical-history-physical-examination.html>

Immigrant Insider: Editorial policy and verification status

<https://immigrantinsider.com/editorial-policy/>

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<https://immigrantinsider.com/procedures/medical-appointment-preparation/>

General information

This free organizer is not a government form and does not submit an application, establish eligibility, preserve a deadline or replace individual legal advice. Government filing fees and professional services are separate.